



School Weight Bag Policy

Adopted: September 2025

Last Revised/Amended: January 2026

Next review: August 2026

Principal Mr. Gary Williams	Academic Co-ordinator Ms. Mercy Bhagyam
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School Vision, Mission and Core Values

Our Vision

Moulding and carving confident individuals, as Global Citizens of the future with a broad outlook, instilled with the impeccable virtues of the heart, mind, and soul.

Our Mission

Harnessing independent learning skills by providing the students with research-based and inquiry-based learning opportunities.

Offering an environment that promotes the love for nature, diversity and an affinity for the rich cultural values and traditions of the UAE and the world around.

Promoting the acceptance of every individual, knowing the fact that each one is unique and special.

Engaging students in the latest technological know-hows in view of directing their minds towards a technology-driven future.

Core Values

Engage with Empathy | Emerge with Confidence | Evolve with Innovation |
Enthuse with Environmental Sensitivity | Express with Conviction

Distribution List:

- MD/ Board
- Principal
- SLT (Head of Primary/MOE)
- Academic Staff
- Parents

This policy has been written using information provided by the Ministry and is designed to inform all staff, parents, and students. The health of our students is of paramount importance; thus, every member of the school community should ensure that they have read this policy and that they understand it.

Guidelines:

- Recommended bag weight does not exceed 20% of the student's body weight.
- Trolley bags are not to be used.
- Use ergonomic school bags with individualised compartments for books and equipment.
- Students should wear both shoulder straps and not to sling a bag over one shoulder.
- Bags should have wide, padded, adjustable straps that fit the student's body.
- Weigh the student's school bags to determine whether it is heavy or in compliance.
- Raise students' awareness about school bags.
- From FS to Year 2, students' bags are stored in cubby holes, hence the bags should be small.

We recommend that students should only carry in their school bag the following:

- Lunch box (or carried separately)
- Water bottle
- Pencil case – ideally this should stay in school
- Home Readers and Library books only on those days required
- Device and accessories. If the device is too large or heavy, the device should be carried in a separate bag.

MOE Subjects

- These books will not be sent home except when there is an assignment that requires these books, which will be a maximum of two times a week during the Arabic language.
- Islamic Education books are sent home on the weekend.
- Social Studies books are sent home on the weekend.

Bags are monitored by the Class Teacher. If a bag is suspected to be too heavy the weight of the bag is checked by the School Nurse. If the bag is 20% more than the student's weight, parents are informed by the Class Teacher and advised to reduce the weight the student is carrying.

Year Group and the weight of the school bag the child is permitted to carry.

Year Group	Weight
FS2	2.2 Kg
Year 1	2.4 Kg
Year 2	2.6 Kg
Year 3	3.0 Kg
Year 4	3.4 Kg
Year 5	3.8 Kg
Year 6	4.1 Kg